

AN ACUPUNCTURE CLINIC IN RAWDON IS HELPING COUNTLESS WOMEN ACHIEVE THEIR DREAM OF HAVING A BABY.



NEEDLES & TWINS

Acupuncture, the natural way to boost fertility

■ **When stepping into Calverley and Rawdon Acupuncture Clinic, based on Micklefield Lane in Rawdon, you are greeted with a warm, welcoming and tranquil atmosphere. This well equipped clinic has underfloor heating and displays of orchids. It's treatment rooms are lined with cards of thanks, giving testimony to the skills of the two practitioners Caroline Haigh and Danielle Whittaker, both of whom are fully trained and accredited acupuncturists.**

Caroline, the clinic's owner has over 13 years successful experience in acupuncture practice. She says "we aim to offer the very best professional, approachable and friendly service". Acupuncture has its roots in China and the Far East as far back 2000 years ago and has become a popular treatment choice in the UK over the past decade with both the World Health Organisation and the UK's Department of Health recognising its value. Acupuncture treatments for a wide range of conditions are offered from back pain to headache to facial treatments aiming to lift the face and smooth wrinkles.

FERTILITY FOCUS

Caroline specialises in treating men and women with fertility problems. This includes men with poor sperm counts and women who have had a difficulty conceiving, a history of miscarriage or are undergoing IVF. The scores of thank you cards contain moving messages from proud parents to announce the births of their precious new babies and all convey their deep gratitude

to Caroline. "An increasing number of people are willing to try acupuncture to boost fertility" says Caroline " Many people have read about the benefits whilst others have spoken to friends, colleagues or family in a similar situation who have been helped by acupuncture. Acupuncture is an ideal option for those seeking a natural approach to address fertility issues and can equally be used as part of an integrated approach by combining it with orthodox medicine. Acupuncture is a safe treatment for women in pregnancy or undergoing fertility treatment because there are no side effects".

IT WORKED FOR ME!

Lisa, 30 from Rodley, is now over 20 weeks pregnant and believes that acupuncture treatment with Caroline contributed greatly. "I had been diagnosed with PCOS which can make getting pregnant very difficult" says Lisa "I had come off the pill and trying to conceive for 10 months without success and having no periods at all. I felt the acupuncture helped me to take some control of my own fertility back, that I was doing something natural for myself. I find the acupuncture really relaxing, I definitely think it has helped me to get pregnant. Caroline has a lovely relaxing and supportive manner, she is very knowledgeable about the fertility area".

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Caroline is an affiliated acupuncturist to the Zita West Network for Reproductive Health, a fertility group set up by celebrity midwife and fertility author who has advised Hollywood star Kate Winslet and fashion designer Stella McCartney. It means Caroline has received training in the holistic approach used by Zita in her well respected London Clinic – the largest and most successful integrated reproductive health practice in the UK. Caroline is committed to constantly updating her skills in order to provide the best possible service to her customers. Recently this has involved a fertility and chinese medicine study tour in China with Zita West as tour leader, which has enabled her to further develop her skills to use back at her practice in Rawdon. "Being part of the network allows me access to the very best training" says Caroline "I am constantly in touch with the London clinic and have had calls from around the country from people seeking acupuncture treatment with me after being recommended by Zita West herself whilst they are having fertility treatment in Leeds.

The clinic runs a busy schedule with Caroline and Danielle offering two late evenings up to 9pm and two early mornings from 8am to accommodate busy lives. They are understandably proud of the successful business they have achieved.

For more information ring the clinic on 0113 2501826 or visit www.leedsacupuncture.co.uk